



In The Loop

Message from the Editor:

Welcome back to another year with The London Skating *Club's In The Loop*. My main goal is keep everyone within the club informed about upcoming skating events such as competitions, fundraising opportunities, as well as recognizing the achievements of our very own skaters. Make sure to pick up your copy of *In The Loop* each month to become familiar with what is occurring within the club, so that you too can become involved ☺

Thanks,
~ Breanne Layne ~

Message from the President:

What a year we had in terms of competition results! We had positive results in all aspects of the Club, which is very encouraging. We had individuals reach the Challenge and Canadian finals, we had Synchro Teams win Canadian Championships, we had Adults compete at Canadian Championships and we had a coach recognized as a top coach in Canada. It demonstrates the balanced approach the London Skating Club has employed is working, and bodes well to the future if we can build on this success. To continue this momentum and build on the success, we need to focus on building up our skills in coaching, tools, and organization to give all members of the Club access to people and resources to help make them even more successful.

I would like to congratulate all of the skaters, coaches, parents, and volunteers that helped make this year such a success. Volunteers are the critical life blood of the organization. We have a strong and dedicated core of volunteers. In the coming year this is a critical area we need to focus and improve upon, expanding the number of volunteers that are willing to help push the Club to the next level.

From a financial stand point, we all knew the year would be a challenging one. Our largest expense, ice rental, had been committed months ahead of the Spring, Summer, Fall and Winter sessions. And the price of ice continues to exceed the inflation rate. With little we can do to help forecast what nights or times will work with parents, skaters, or coaches, we knew this year would be a tough one given the added complexity of the economy. Fortunately, we had accumulated some reserves over the last few years to help ensure we had a cash positive balance at the end of this year. To ensure the Club remains in the positive cash flow, we will need to sharpen our pencil even more and make some tough decisions.

I am confident this Club, against all odds, will find a way to overcome the challenges ahead of us. We will balance our books, we will widen the pool of volunteers, we will optimize the schedules to help meet our challenging times, we will add tools that will draw skaters and coaches to the Club, and we will continue to build upon the successful results from 2009/2010 to even higher heights. I would like to thank each and every one of you for your continued support to the Club, and I look forward to seeing the young skaters continue to grow and develop into better skaters and citizens.

Steve Komarnicky, *LSC President*

London Skating Club Awards Night From Our AGM MAY 6, 2010

SKATE CANADA GOLD AWARDS:

First Skate Canada Gold Award:

Shelby Crampton – Gold Skating Skills
Lynn Gierszewski – Gold Skating Skills
Shelby Komarnicky – Gold Skating Skills
Kylie McDonald – Gold Skating Skills
Brooke Marshall – Gold Skating Skills
Anda Rogers – Gold Skating Skills
Shari Spada – Gold Interpretive



Second Skate Canada Gold Award:

Nathasa Dolbeck – Gold Skating Skills, previously received gold interpretive.
Clarisse Fata – Gold interpretive, previously received gold skating skills.

Triple Skate Canada Gold Award:

Kasey Farmer – Gold Dance, previously received gold skating skills and gold interpretive.

LSC CLUB AWARDS:

MOST IMPROVED CANSKATE SKATER: Avyn Watterton

CANSKATE SKATER OF THE YEAR: Yasmin McFadden

MOST IMPROVED PRELIMINARY SKATER: Vanessa Eedy

PRELIMINARY SKATER OF THE YEAR CO-WINNERS:

Leanna Noel & Erik Hanycz

PROGRAM ASSISTANT OF THE YEAR: Emily Galan

MOST IMPROVED JUNIOR SKATER OF THE YEAR CO-WINNERS:

Emme Chute & Kathleen Edwards

JUNIOR SKATER OF THE YEAR: Maddison Chute

MOST IMPROVED SENIOR SKATER OF THE YEAR: Isabelle Avola

SENIOR SKATER OF THE YEAR: Shelby Crampton

ADULT SKATER OF THE YEAR: Jean Crawford

AGM Awards Continued:

LSC OVERALL SKATER OF THE YEAR: Kaitlin Farren

COACH OF THE YEAR: Traci Wells

LSC SYNCHRONIZED SKATER OF THE YEAR AWARDS:

BEGINNER II - Rachel Marshall

JUVENILE: Erika Lumsden

PRE-NOVICE: Katie Graham

INTERMEDIATE: Breanne Layne

ADULT II: Amy Scott

ADULT III: Kristi Hall

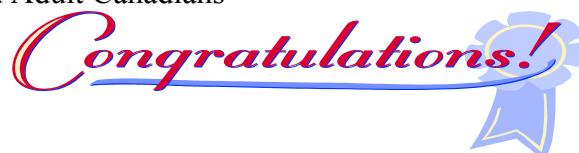
LSC SPECIAL RECOGNITION AWARDS:

Michaela & Scott Botsford
Beverly Dodge
Amanda Eccles
Tyler Hearn
Allison Proudfoot
Shari Spada
Pre-Novice Synchronicity
Intermediate Synchronicity
Adult II Synchronicity



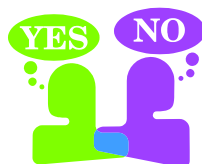
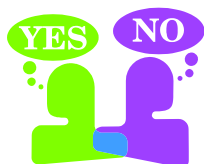
EVELYN BASTOW BURSARIES:

Bev Dodge – Gold Adult Canadians
Yasmin McFadden – CanSkate Bursary
Shari Spada – Silver Adult Canadians
Pre-Novice Synchro – Gold Ontario Regional Synchronized Skating Championships
Intermediate Synchro – Gold Intermediate Canadian Championships
Adult II Synchro – Gold Adult Canadians



2010/2010 London Skating Club Board of Directors:

Name	Board Role
Stephen Komarnicky,	President
Shannon Tucker	Vice President/ Awards & Recognition & Synchro Chair
Cathy Kriz	Secretary
Coleen Noel	Treasurer
Mary Burdon	Past President & HOME Rep
Anne McDougall	Starskate/ Competitive Convenor & Music Equipment Coordinator
Chantalle Desbiens	Test Chair
Traci Wells	Coach Rep. & Music Equipment Coordinator
Tina Farren	Fundraising
Krista Greenfield	Coach Liaison
Breanne Layne	Newsletter
Elaine Desando	Volunteer Coordinator
Nicole Farren-Sharp	Ice Convenor
Lisa Maurice	Canskate Convenor
David Proudfoot	Webmaster
Bev Dodge	Special Events Coordinator
Tamara Blaney	Member at Large/ Marketing Coordinator
Kelly Farmer	Administrative/Registrar/Promotions Coordinator & Music Equipment Coordinator



June 7th Test Day Results:

Skating Skills

Preliminary Skills

Angela Lee, Rachel Marshall

Senior Bronze Skills

Kristen Durrer, Erika Lumsden, Maddison Chute, Deanna Gooden

Junior Silver Skills

Anna McMullen, Veronica Maurice

Senior Silver Skills

Shayna Smith, Danielle McDougall

Gold Skills

Vanessa Tran

Preliminary Dances

Dutch Waltz

Olivia Podkowk, Abby Riddell

Canasta Tango

Dion Cheung, Laura Vancer, Eden Sheil, Jessica Blaney, Erik Hanychz, Ella Bester

Baby Blues

Kennedy Anderson, Jolan Farren

Junior Bronze Dances

Swing

Sara Semchism, Lauren Fulawka

Fiesta Tango

Elizabeth Bardeau, Lauren Fulawka

Willow Waltz

Angela lee Kristen Durrer

Senior Bronze Dances

European

Emma Tiede, MacKenzie Murray

Ten Fox

Eleonore Julien, Deanna Gooden

Fourteen Step

Kaitlin Farren

Junior Silver Dances

Keats Foxtrot

Natalie Kenzie, Shelby Komanicky

Harris Tango

Jessica Louro, Katie Graham, Hailey Kriz, Shelby Nielson

American Waltz

Veronica Maurice

Rocker Foxtrot

Shanya Smith, Danielle McDougall, Katie Edwards

Senior Silver Dances

Starlight

Alex Desando

Gold Dances

Quickstep

Emily Galan, Shelby Crampton, Brooke Marshall

Argentine Tango

Clarisse Fata

<p><i>Preliminary Freeskate</i> Emma Millward, Emily VanBerkel</p> <p><i>Senior Bronze Freeskate</i> Olivia Akena</p> <p><i>Senior Silver Freeskate</i> Brooke Marshall</p> <p><i>Preliminary Elements</i> Kaitlin Farren, Emma Millward ,Emily VanBerkel, Katie Edwards</p> <p><i>Junior Bronze Elements</i> Deanna Gooden</p> <p><i>Junior Silver Elements</i> Shelby Nielson</p> <p><i>Introductory Interpretive</i> Cassandra Harris</p> <p><i>Bronze Interpretive</i> Emily Galan</p> <p><i>Silver Interpretive</i> Shelby Crampton</p>
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Summer Test Day Results – July 15th:

Congratulations to all skaters at the first summer test day – 100% pass rate!

A special congratulations, is extended to Kinsey Greenfield who successfully completed her Skate Canada Gold Interpretive.

The following skaters were successful on the following tests:



Dances:

- Dutch Waltz** – Kyla Trinh
- Baby Blues** - Elle Bester
- Rocker Foxtrot** – Isabelle Avola
- Keats Foxtrot** – Anna McMullin & Vanessa Tran
- Silver Samba** – Emily Galan

Skating Skills:

- Junior Bronze** – Laura Stewart
- Junior Silver** – Natalie Kenzie
- Senior Silver** – Isabelle Avola

Free Skate (Elements):

- Junior Bronze Elements** – Alicia Harris & Vanessa Tran
- Senior Bronze Elements** – Shelby Komarnicky



Free Skate (Programs):

Junior Bronze Program – Alicia Harris & Vanessa Tran

Junior Silver Program – Clarisse Fata

Interpretives:

Introductory – Olivia Akena

Silver – Emily Galan

Gold – Kinsey Greenfield

Volunteer Opportunities:

The London Skating Club constantly has opportunities for you to Volunteer!!! By volunteering at events such as upcoming competitions, you are able to earn a \$5.00/hour credits that you can transfer back towards your skating, to help offset your fees. Volunteering also provides you with the opportunity to meet other members of the London Skating Club. Visit londonskatingclub.com, click on 'contact us' and your name and email address.

Please not that you will not be obligated to volunteer by putting your name on a volunteer contact list.

Colour Me!!



London Skating Club September & Winter Registration!

The September program registration should be available on the London Skating Club website very soon. Watch for the winter registration to be available in early August!

September 2010 Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Preschool</u> All sessions Nichols Arena			5:25-6:05 NICHOLS (4 weeks) Sept 8,15,22,29				
CanSkate (Children/Adults) All sessions Nichols Arena			5:15-6:05 NICHOLS (4 weeks) Sept 8,15,22,29				
Preliminary (Groups/Private)		5:45-7:05 NICHOLS (4 weeks) Sept 7,14,21,28					
Preliminary/Junior (Privates only)		5:15-5:45 NICHOLS (4 weeks) Sept 7,14,21,28		5:15-7:05 (stroking included) NICHOLS (4 weeks) Sept 9,16,23,30			
<u>Junior</u> All sessions Nichols Arena	5:15-7:05 (stroking included) NICHOLS (3 weeks) Sept 13,20,27		6:15-7:35 (no stroking) NICHOLS (4 weeks) Sept 8,15,22,29				
<u>Senior</u> All sessions Nichols Arena	7:15-9:05 (stroking included) NICHOLS (3 weeks) September 13,20,27	7:15-9:05 (stroking included) NICHOLS (4 weeks) Sept 7,14,21,28	7:45-9:05 (no stroking) NICHOLS (4 weeks) Sept 8,15,22,29	7:15-9:05 (stroking included) NICHOLS (4 weeks) Sept 9,16,23,30			
<u>Synchronized Skating Teams</u> <i>Nichols Arena</i>					5:15-9:05 Sept 10,17,24 Oct 1 Times TBA For each team by coaches 4 Weeks		1:15-9:05 Sept 12,19,26 Times TBA for each team by coaches 3 weeks

All sessions are being held at Nichols Arena.

There will be no skating up or down on sessions!

Sessions are from Tuesday, September 7-Friday October 1. Test Day will be held on Monday, October 4th.on

LSC home club skaters will be given priority registration until July 31, 2010.

WINTER SCHEDULE 2010-2011	Monday	Tuesday	Wednesday	Thursday	Fri	Sat	Sunday
Preschool Nichols Arena			"C Pad" 5:25-6:05 6:25-7:05	"C Pad" 6:25-7:05		"C Pad" 9:25- 10:05 or 10:25- 11:05 am	
CanSkate (Children/Adults) Nichols Arena			"C Pad" 5:15-6:05 6:15-7:05	"C Pad" 6:15-7:05		"C Pad" 9:15- 10:05 or 10:15- 11:05 am	
Preliminary (Groups) Nichols Arena	"B Pad" 6:00-7:20				"C Pad" 5:15-6:35		
Open Prel, Jr, Sr (privates only) Nichols	"B" Pad 5:30-6:00						
Prel/Junior (privates) *coaches recommendation for Preliminary skaters Nichols Arena							"C" Pad 11:15-1:05 pm w/stroking
Junior Nichols Arena		"C" Pad 5:15-7:05 w/stroking			"C" Pad 6:45- 8:05		
Senior Nichols Arena		"C" Pad 7:15-9:05 w/stroking	"C Pad" 7:15-9:05 w/stroking	"C" 7:15-9:05 w/stroking			"C" 9:15-11:05 am w/stroking
Synchronized Skating	"B" Pad 7:30-9:20 Pre-Novice Nichols	"C" Pad 9:15-10:05 Adult III Nichols		"C" Pad Juvenile 5:15-6:05 (Nichols) & Inter. Team 8:00-9:50 (Western Fair)			Beg II Elem Juv Pre-Novice Int Adult II (times TBA for each team by coaches) 1:15-9:05 pm Nichols

Please note the following start dates for Monday sessions:

Start date Monday, October 4th, is being used for the September test day. Please see below for other Monday start dates.

Start date Monday, Pre-Novice Synchro – October 11th - 7:30-9:20

Start date Monday, Preliminary (Privates), Preliminary Groups – Oct 18th

All other sessions begin Oct 2, 2010-Apr 3, 2011– Nichols Arena – except Intermediate Synchro Thursdays (Western Fair). All sessions are in the evenings, unless otherwise stated "am". Monday, Oct 4, will be used for the September test day.

There will be no skating up or down on any sessions.

London Skating Club Home Club skaters will have priority registration until September 8, 2010.

Junior Olympics – April 3/11 – Full cancellation list will be available on the LSC website



Skating Seminar with **Josée Chouinard**

August 17, 2010 at Earl Nichols Arena, 799 Homeview Road,
London, ON

Registration:

Name of skater _____

Date of birth _____ m___/ f___

Home Club _____

CanSkate Stage completed _____

(recommended for Stage 4 and higher)

Highest tests passed:

Freeskate _____ Dance _____

Skills _____ Interpretive _____

Full Day Package (9:00 am - 5:00 pm), includes lunch:

Group B and Group C \$80.00

Half Day Package (no lunch)

Group A and Group D \$35.00

Contact information(for confirmation):

email _____ phone # _____

Payment can be made by cheque, made out to the LONDON SKATING CLUB, and mailed with the completed registration form to: London Skating Club, P.O. Box 9011, Sub Stn 40, London, ON, N6E 1V0.

-1-

Note: Coaches are welcome to attend. A \$5.00 fee will apply to access the hospitality room and lunch. Please email londonsc@execulink.com to indicate intent of attendance.

Volunteers:

Please indicate if you are able to help by a check mark

-As a chaperone for your child's group _____

-Set up and registration (am) _____

-Lunch preparation and clean up _____

-Registration and take down (pm) _____

-Wherever needed, am _____ / pm _____ / all day _____

Volunteer contact information:

Name _____

Email _____

Phone # _____

Any questions can be directed to:

Special Events Coordinator, Bev Dodge, email :

bevdodge@gmail.com

or

Registrar and Promotions, LSC Office Kelly Farmer, email:

londonsc@execulink.com or phone 519-681-2640



SEMINAR SCHEDULE Tuesday August 17, 2010 @ Nichols Arena

	<i>Group A</i> Canskate/Prel.	<i>Group B</i> Prel. & Jr. Br. F/S	<i>Group C</i> Sr. Br. F/S & up
9-9:50 am	Speaker	Off Ice	On Ice
10-10:50am	On Ice	Speaker	Off Ice
11-11:50am	Off Ice	On Ice	Speaker
12-12:50pm	LUNCH		

	<i>Group D</i> Adult/ Inter.	<i>Group B</i> Prel. & Jr. Br. F/S	<i>Group C</i> Sr. Br. F/S & up
1-1:50pm	Speaker	Off Ice	On Ice
2-2:50pm	On Ice	Speaker	Off Ice
3-3:50pm	Off Ice	On Ice	Speaker
4:10-5pm	TALK WITH JOSEE CHOUINARD		



Ice Skating Word Search:

S P E E D S K A T I N G D U R
C I N G W I S L N T L E S R T
A I M E O T T A T I A W N A O
R N T C O L D T D C A R E I O
F C A O N A A E D E A S T F P
R O B Z E N H M N R I D T E O
A U L C L O W F R I C T I O N
A N A A C I U L I N S T M H D
E W D K O T R T L D D S A L O
N G E E S A T I D O C N E R S
K Y S A T E I N G O E S U I R
F A S P O R T C F R O Z E N E
A T A R O C U N A D E R I K G
F I G U R E S K A T I N G H T
K I L O M R E T R E S L O N G

ARENA

BLADES

BOOTS

COLD

FIGURE SKATING

FROZEN

GLIDE

HOCKEY

ICE

INDOOR

LOW FRICTION

METAL

MITTENS

OUTDOOR

POND

RECREATIONAL

RINK

SCARF

SPEED SKATING

SPORT

When the ice skating word search puzzle is complete, read the remaining letters left to right, top to bottom, to learn an interesting ice skating fact.